

# South Central Indiana School Trust

## 2022-23 Wellness Incentive: Annual Physical Exam

### Guidelines

1. Employees and spouses enrolled in the SCIST group health plan are eligible for the 2022-2023 Wellness Incentive.
2. For employees and spouses that complete an Annual Physical Exam for 2022-2023 plan year, he/she will receive a \$150 incentive payment from the school corporation based on the schedule below:
3. Employee must be actively employed at the time of distribution for employee and spouse to be eligible for incentive.

<u>Annual Physicals Date of Service</u>	<u>Submitted to Benefits Dept. By</u>	<u>Paid By</u>
11/1/22 – 4/30/23	5/10/23	5/31/23
5/01/23 – 10/31/23	11/10/23	11/30/23

4. As required by law, taxes will be withheld from the incentive payment.
5. Employees and spouses can earn the 2022-2023 Wellness Incentive between November 1, 2022 – October 31, 2023.
6. For employees and spouses completing their Annual Physical Exam, they must have this form signed by a medical doctor. Employees must submit completed forms to their Human Resources Department at:

Sandra Pasch, [sandra.pasch@msdmartinsville.org](mailto:sandra.pasch@msdmartinsville.org) F 765-341-2074, P 765-342-6641, x1072

Kim Applegate, [kim.applegate@msdmartinsville.org](mailto:kim.applegate@msdmartinsville.org) F765-341-2074, P 765-342-6641, x1002

### Employee/Spouse Information

Employee/Spouse Name	Date
<input type="text"/>	<input type="text"/>

Email Address	Phone Number
<input type="text"/>	<input type="text"/>

### Annual Physical Exam Information

Physician Name	Telephone Number
<input type="text"/>	<input type="text"/>

Physician Group (if applicable)	Date of Exam
<input type="text"/>	<input type="text"/>

\_\_\_\_\_  
Signature of Primary Care Physician

\_\_\_\_\_  
Date

### **Benefits Department Use Only:**

Received by and date:

<input type="text"/>
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